



Bournemouth & Poole Animal Aid Newsletter

bournemouth-animalaid
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[http://www.
bournemouthanimalaid.org.uk](http://www.bournemouthanimalaid.org.uk)

8th August 2012

Climate Change—What Can You Do?

Welcome, as a group we are concerned with the welfare and protection of all animals.

We are dedicated to raising awareness of the plight and suffering of millions of animals in; the farming, fishing, fashion, leisure and pharmaceutical industries and the pet trade.

Many people do not realise that these issues often have a direct impact on human well-being and form part of a wider challenge to make the world a more compassionate place for everyone.

Vegan Paella

Ingredients:

2 Tablespoons Olive Oil
150-200g Chopped Onions
1 Med Red Pepper, Chopped
2 Teaspoons Chopped Garlic
150g Paella/Risotto or Brown Rice
400g/1 Tin Chopped Tomatoes
400ml Vegetable Stock
0.5 Teaspoon Turmeric
180-200g Courgette/Zucchini, cut into one cm cubes
150g Carrot, Chopped
150g Mushrooms, Sliced
100g Fresh Peas Or Frozen Peas, Thawed
2 Tablespoons Parsley
1 Med Aubergine

This evening we are pleased to present - Climate Change — What Can You Do? Film and discussion, part two of two, presented by Diane Egby-Edwards

Please help give animals a voice by taking part in our campaigns

Directions:

1 In a large pot, cook Onion, Red Pepper, Mushrooms, Aubergine, Turmeric and Garlic with Olive Oil over medium high heat; stir occasionally for about 5-10 minutes until vegetables are softened.
2 Add rice and stir to coat with oil and vegetable mixture.
3 Add tomatoes and stock.
4 Bring to a boil.
5 Cover and reduce heat to medium/low.
6 Cook for 10 minutes;

Local news

Animal Aid street collection in Wimborne on 28th July raised £227.71

West Dorset Animal Aid

Are you interested in getting involved in a West Dorset Animal Aid group. If so please contact Sheila on 07837584143 or by email chameleon1212001@yahoo.com

stirring occasionally.

7 Add Courgette/Zucchini and Carrots.

8 Continue to cook, covered, for 20-25 minutes until stock is almost absorbed.

9 Add peas and parsley and cook a few more minutes until heated through.

If you have a favorite recipe you would like share, please email the group as above.

Diary Dates:

**Animal Aid Meeting:
12th September At 8pm**

The Great Vegan Challenge

Ben Martin, Campaigns Officer, Animal Aid

Please join us next month

*Animal Aid Meetings are held on the **second Wednesday** of every month, at **St Michael's Church Hall, Poole Hill, Bournemouth, Starting at 8pm.***

Useful Links:

[www.
Animalaid.org.uk](http://www.animalaid.org.uk)

It's time to get writing and get all animal abusers to change their ways.

Internet Shopper?

Buy from major stores through <http://www.buy.at/towerhillstaples> and a percentage of what you spend will go to Fiona Oakes' amazing animal sanctuary in Essex at no extra cost to you. Fiona is a vegan marathon runner who cares for over 400 animals almost single-handedly. Find out more at : www.towerhillstaples.com

Action alerts

Stop the slaughter of seals

More than 300 seals have been shot by Scottish fish farmers in the past 18 months. A campaign has begun to stop the importation into the US of salmon from Scottish farms that kill seals. In America, seals and other sea mammals are protected by law, and fish farmers must use only non-lethal measures to deter them from the farms.

Please contact Jane Lubchenco, the under secretary of commerce for oceans, and urge her to use the Marine Mammal Protection Act to ban the importation of fish from the Scottish farms that kill seals. jane.lubchenco@noaa.gov

Animals in Entertainment

Informing you of how you can take action against the suffering of performing animals.

Animals in entertainment are deprived of all the normal, social and mental stimulation that they would enjoy in the wild. They live in barren environments, where they remain until wanted for a performance. They are trained to do tricks and their compliance may be gained through a withdrawal of food, water or affection.

ADI investigations have shown that, in the main, any discipline or abuse tends to occur off set and behind the scenes, while the animals are being trained or kept isolated in their cages. This makes it almost impossible to ensure that a performing animal has not suffered during a lifetime of training.

Take action!

The following have recently used animals to promote their products.

Please send a polite email or letter to voice your opposition to the use of animals in this way.

Littlewoods has used a cheetah in a photoshoot with Myleene Klass to promote her new range of clothing. Please contact them by email at queries@littlewoods.com

George Michael has used a zebra, as well as birds, in his latest video 'White Light'. Please contact him via Creative Artists Agency. UK address: 4th Floor, Space One, 1 Beadon Road, London W6 0EA.

Graff has used a fox in a photoshoot to promote its jewellery. Contact them by email at enquiries@graffdiamonds.com

In a current TV campaign, Vision Express is using primates to promote its 2 for 1 deal on designer frames. See here for further details and how you can contact Vision Express to voice your opposition.

Please contact Vision Express to voice your opposition to the use of animals in advertising, and say that you welcome their consideration of a 'no animals' policy and look forward to hearing an announcement on this soon. Encourage friends, family and colleagues to do the same.

<http://www.visionexpress.com/customer-services/contact-us/>

Vision Express (UK) Ltd. Abbeyfield Road, Lenton, Nottingham, NG7 2SP

Or call 08444 771 177 and ask to be put through to Customer Services.

National & International News

Friday 7 September: Sea Shepherd 35th Anniversary Event

Celebrate 35 years of direct action for marine wildlife in London with Sea Shepherd crew members, celebrity guests, amazing auction prizes, Hoodlamb merchandise, vegan canapes, and live entertainment on 7 September from 7:30pm to 1am at Bush Hall, 310 Uxbridge Road, London W12 7LJ

More details on their website. <http://www.seashepherd.org/uk/uk.html>

Reality TV with a difference :

Animal Aid 'meat wagon' on nationwide tour to show powerful video

Piglets dying while their mothers look on unable to help, crippled chickens dying on the floor of vast sheds, terrified cows desperate to escape the slaughterhouse and sheep being killed while their young still suckle are just some of the shocking scenes from a new Animal Aid film showing conditions inside British farms and slaughterhouses. The film will be screened on the side of a specially converted ambulance, dubbed the Meat Wagon.

All of the scenes in the 4½-minute film were shot recently at British farms and slaughterhouses, both conventional and 'higher welfare' facilities approved by groups like the Soil Association and the RSPCA. The aim is to show that cruelty and suffering is integral to raising and killing animals for meat, eggs and dairy products.

An ambulance was chosen as the vehicle for this film to draw attention to the way animal agriculture is making people and the environment sick, as well as causing immeasurable suffering to animals. Demand for more, and cheaper, meat and dairy has meant animals are turned into production units, with increases in disease and injury as corners are cut to maximise profit. Consuming animal products has also been linked to a host of human diseases, from diabetes to heart disease and various cancers. Methane emissions from animal agriculture, as well as the changes in direct and indirect land use needed for growing animal feed and grazing, are major contributors to climate change.

The Meat Wagon will be travelling around the UK all summer, visiting more than 30 towns and cities over six weeks. People watching the film will be offered free Go Veggie and Vegan packs with information and recipes to help them get off the meat wagon for good. For more information see www.meatwagon.org.uk

Moon Bears / Animals Asia

Sponsored Fun-Run & Walk Saturday 15th September 10am to 4pm

2.5 mile walk for freedom

Walk starts from Cemetery Lake (The Duck Pond), Southampton Common.

<http://animalsasia-southampton.co.uk>

Local News and events

Information table - promoting a cruelty-free lifestyle

in Bournemouth Square Saturday 11th August from 11am to 1pm or later.

Several of us will be promoting a cruelty-free lifestyle, offering a wide range of information, showing how we can end animal cruelty and abuse. Please feel free to join us for while or just drop by and say hello.

Heavy rain will stop play. <http://www.bournemouthanimalaid.org.uk/cruelty-free-living/>

Saturday 11th August - Moon Bear Buffet

Fundraiser for the Moon Bears/Animals Asia. From 7pm at Boldre Memorial Hall, Pilley, with live music from Jazz2.

Talk and demonstration by local artist Helen Talbot. Tickets £22.50 for more details contact Sally May 01590 673861

sallymay.buddleia@hotmail.com

Peaceful protest outside Poole Greyhound Stadium Saturday 11th August 6.30 pm.

Poole Greyhound Racing Stadium Stadium Way Poole, Dorset. Please support our protest to end greyhound racing. Local transport maybe available please ask. For further details of our campaign against greyhound racing and a map/directions to Poole stadium visit: <http://www.bournemouthanimalaid.org.uk/greyhound-racing>

Subject to transport and helpers this event takes place each Tuesday and Saturday

August 12 to 14th Humane Research Trust fundraiser.

Teddy Bear Stall in the Lower Gardens for The Humane Research Trust.

Volunteers for a couple or 3 hours or even an hour will be greatly appreciated

Please email for more details. Linda. lindyloo3@ntlworld.com

August 18th Saturday Animal Aid street collection in Bournemouth

From 10am and finishing about 2.30 pm depending on number of people about.

An hour or two would be great!

Peaceful protest outside Poole Greyhound Stadium Tuesday 21st August 6.30 pm.

Poole Greyhound Racing Stadium Stadium Way Poole, Dorset. Please support our protest to end greyhound racing. Local transport maybe available please ask. For further details of our campaign against greyhound racing and a map/directions to Poole stadium visit:

<http://www.bournemouthanimalaid.org.uk/greyhound-racing>

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Saturday 25th August, Save the Harlan beagles

Lisa will be leading a march through the streets of Cambridge city centre to protest against the farm - will you help her gather more signatures and support before then? To see more info and sign Lisa's petition to save the Harlan beagles.

www.bournemouthanimalaid.org.uk/save-the-harlan-beagles

Vegan Picnic August Bank Hols. Monday 27th August from 12.30 pm onwards

at Shelly Park, Boscombe, Bournemouth Please bring Vegan food, drink to share.. plates cups etc. maybe something to sit on. If it rains we will have to decide what to do..!

Shelly Park directions - park is off Beechwood Avenue / corner of Grovely Avenue, Boscombe, Bournemouth.

Google search for: Shelley Park Grovely Avenue, Boscombe. BH5 (we sit on the grass towards the Tennis courts)

Parking - around park in roads nearby is safe.. Contact Sarah - bournemouthvegans@gmail.com

Saturday 8th September 2012

Street collection in Falkland Square Poole for Lord Dowding Fund

They are saving animals while providing the world with advanced scientific techniques – good for both animals AND people. Lord Dowding Fund continue to make advances in research techniques that do not involve animals. they can change the way research is carried out, developing methods that can be used by scientists everywhere.

Lord Dowding Fund, Animal Defenders International (ADi) and National Anti-Vivisection Society (NAVS) all work together to protect animals. More information about Lord Dowding Fund can be found here:

<http://www.lfd.org.uk/research/>

Volunteers for an hour or two greatly appreciated.

Latest newsletter from Lord Dowding Fund: <http://www.navs.org.uk/downloads/ldfnewscience2012.pdf>

12th September Bournemouth Animal Aid Monthly Meeting 8pm to 10pm

"The Great Vegan Challenge" presented by Ben Martin, Campaigns Officer, Animal Aid

Ben will basically be talking about some of Animal Aid's projects for Vegan Month in November, like their initiative to get people to try the vegan lifestyle for the whole of the month, as well as some of the challenges we face in convincing others to go vegan. There'll be something for vegans and non-vegans alike, looking at why veganism is important, and tackling some of the misconceptions people have about the vegan diet and life-style.

All Welcome And Admission Free.

Are You Interested In A More Ethical, Healthy And Cruelty-free Lifestyle? Meet Like Minded People. Topical Talks, Film Showings, Information Tables, Refreshments And Yummy Vegan Cakes!

St Michaels Church Hall Poole Rd Bournemouth BH2 5QU

Link to location map: <http://www.bournemouthanimalaid.org.uk/map.php>

Saturday 15th September - Ringwood Carnival

Fundraiser in aid of the Humane Research Trust Volunteers needed

If you can help please contact Pam - pameladickie@hotmail.co.uk

Local Wildlife Rescue Needs Your Help!

Mike Meeks (former animal aid chairman - 30 years ago!) runs a wildlife rescue with his partner, Carla.

They desperately need help with transport to collect animals/birds as some people report injured animals to them but are not prepared, or not able to take them to the rescue centre. Mike will pay petrol costs for anyone who is able to help as he sometimes has to collect 5 or 6 animals a day which takes up a lot of valuable time that he needs to look after the animals.

Carla and Mike are based in Christchurch and Ringwood.

If you can help, please phone Mike on: 07884 226540

Loving home wanted - URGENT!

Marmalade, ginger male cat, 3 years old, neutered and chipped. Not been around children, has lived with other cats, very independent spends most of its time outside and looking for a loving forever home. Currently living in Poole. Please contact Sandra, 07580177004 or sandie135@hotmail.co.uk

Loving home wanted - URGENT

Pippa, black & white female cat, around 7 years old, believe she been spayed and has only lived inside with no cat flap. Looking for a loving forever home. Please contact Sue 07784 768574 suehill.dancer@virgin.net

October 6th Saturday 2012 - Farmed Animal March in Brighton

Please come to a March for Farmed Animals! On Saturday October 6th, we will be marking the World Day for Farmed Animals, (on October 2nd every year) with a rally and march in Brighton. Help raise awareness of the cruelty in farming, and promote a veggie diet for the sake of the animals, the environment, and health!

Meet from 1pm at The Level, near the vegan cafe 'The Loving Hut' for speeches and food, then come on the march at 2.30pm.

Please come to show the public there is a more compassionate way to live, and have a great day out in this exciting city, known as 'The Vegan Capital'! If you would like any fliers or posters to give to friends, please contact 07757355362 or FarmedAnimalMarch@mail.com. Donations would also be most appreciated.

website: www.farmedanimals.org.uk Rachel (from Sussex Action for Animals)

We are hoping to arrange some transport to this event please let us know if you would like to join us.

The Wimborne Street Collection on Saturday, 28th July

Was a great success raising a whopping £227.71, many thanks to the nine helpers on the day. A some photo's were taken on the day and one of them including three of the helpers at the tables will be published in the next Animal Aid 'Outrage' magazine.

Bournemouth Vegans Group - Friendly informal group of Vegetarians and Vegans.

Social events throughout the year. For more info. or to be added to our mailing list please contact: sarah -

bournemouthvegans@ymail.com Fbk. Group - <https://www.facebook.com/groups/bournemouthvegans/>

Yahoo Group: <http://uk.groups.yahoo.com/group/BournemouthVegans>

Vegan Views Magazine, Published 3 x a year, Subscription £5 for 3 copies

Includes interviews, articles, letters and news. <http://www.veganviews.org.uk>

A big thank you to all those that have made events so far this year a great success

Please support our campaigns against all animal cruelty

If you are able to help at any of the above events, even for an hour or so please let us know.



Please send details to

bournemouth-animalaid@hotmail.co.uk

by the Sunday before the meeting.

<http://www.bournemouthanimalaid.org.uk/>

www.facebook.com/bournemouth.animalaid

Disclaimer: Bournemouth & Poole Animal Aid cannot be held responsible for the content on any of the web sites that we provide links to or for any of the information provided at the meetings.
